

# Portrait Quilt Technique Workshop And Supply List

2 Day Workshop with Lynn Czaban

This two day workshop will focus on the techniques used to create a Portrait Quilt. Working from a cropped section of your own photograph; you will learn how to make a line drawing to use as a pattern, how to choose a color palette and other techniques like raw-edge applique, thread illustration and contour quilting to complete your own 'cropped version' of a treasured portrait.

**Please email your digital image choices to me at [abczaban@msn.com](mailto:abczaban@msn.com) by October 31, 2025. I want your project to be successful and not every image is created equal. Let's discuss the possibilities together prior to the workshop.**

Through email exchanges, we will discuss your exact fabric needs.

## **Photo**

- You need a **well-focused** high resolution portrait photograph. **Photo must be taken without using a flash.** The minimum size of face should be 3"x5" making it easy to enlarge and still maintain details. Please email your portrait choices for approval to [abczaban@msn.com](mailto:abczaban@msn.com) prior to October 31, 2025.

## **Suggestions for photographing your subject**

- Fill the viewfinder of your camera with the face of the subject being photographed anywhere from the top of the head to the shoulders.
- Please do not take a photo from a distance and fit to size as details will be lost.
- Consider not having teeth show in this first portrait.
- Take your photo out of doors or have the person sit or stand next to a window in a room with no artificial lights (overheating lighting can cause weird shadows).
- Ideally you want a range of values on your subject's face – highlights on one side through mediums to a shadow on the other side.

## **Copyright**

- Please insure that your photo choice is copyright free. If you are having trouble choosing an image, I often suggest a self-portrait. There are also internet sites like Pixabay, Unsplash, and Pexels among others that offer free options or images in the Public Domain.

## **A Word About Fabric Choices**

- Using a simple gray scale for reference. Focus on choosing your fabric palette with gradual steps from one value to another. You can also think in terms of light, medium light, medium dark and dark. You are the artist and your portrait can be whatever colors that you choose.

## **Supply List**

**Kit Fee \$10.** This includes 2 copies of your photograph, a Mylar sheet and tracing paper.

### **Fabric for Portrait - finished size is 8"x10",**

- Skin fabrics - choose a series of 4-5 values for the skin color. A quarter yard or less of each fabric will be more than enough. Aim for gradual steps in the value change. Use your camera/phone in black/white filter to check on the value of your choices.
- Eye fabric - scraps of white or lights, and an iris color.
- Lip fabric - a couple of values
- Depending upon the 'cropped sections of your photo' you might need fabrics for hair and/or clothing

### **Other supplies to bring**

- foam core board or piece of sturdy cardboard to build your portrait on
- applique pressing sheet - minimum 8"x10"
- 1/2 yard of Steam-a-Seam 2 fusible web
- Fabric for portrait - lights, medium light, medium dark and dark values
- Ultra Fine Permanent Black Sharpie marker (this brand does not rub off the mylar)
- Ultra Fine Permanent Red Sharpie marker
- Blue Masking Tape - if you have it
- small (4") sharp pointed fabric scissors
- Paper scissors
- Pins
- Tweezers (optional – I prefer the ones with the bent ends)

## **Day 2**

- basic sewing supplies
- sewing machine in good working order. Machine must have zig-zag feature.
- **open-toed** embroidery foot for your machine.
- 70/10 microtex needles for applique
- 80/12 machine needles for quilting
- assorted threads to match fabrics
- black and/or dark brown thread
- neutral thread for bobbin
- backing fabric – 15"x15"
- lightweight batting
- safety pins for securing quilt sandwich